

# Therapy & Rehabilitation Center

## The Right Choice...

Our philosophy is to provide quality and caring services, delivered by professionals dedicated to helping our clients live life on their terms. When it comes to recovering from an illness or an injury, BLC's Rehab Team develops a personalized recovery plan with input from the client, their physician(s), and caregivers.

## BLC offers therapeutic services dependent on the resident's needs which includes:

**Physical Therapy** - Our therapists provide excellent patient care by helping residents improve their strength and balance, increase range of motion and reduce falls and pain with different modalities and exercises.

**Occupational Therapy** - Our therapists strive to help residents return to all their activities of daily living safely and independently. They use a wide variety of interventions to adapt and modify the

**Speech Therapy** - Our therapists are able to address communication, speech/language deficits, memory loss and swallowing issues with a resident-specific treatment plan to improve comprehension and cognition to improve safety and quality of life of each resident.

## Outpatient Rehab available at both campuses

*Read more about us on the reverse side.*

 **The Seasons**  
@Alexandria

 **The Village**  
@Erlanger



**The Seasons@Alexandria**  
7341 East Alexandria Pike  
Alexandria, KY 41001  
859-694-4470

**The Village@Erlanger**  
2990 Riggs Avenue  
Erlanger, KY 41018  
859-817-3261  
or 859-817-3292

 **BLC**



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## What is unique about our Therapy Services?

The Seasons@Alexandria offers a professional and modern “Rehab Center” and is able to accommodate both Short Term Skilled Therapy, as well as, Outpatient Rehab needs.

The Village@Erlanger, along with The Seasons@Alexandria, provides a caring, compassionate environment with personalized one-on-one sessions. We offer multi-levels of skilled therapy, nursing and functional maintenance programs.

Our “state of the art” modalities and equipment include ultrasound, electrical stimulation and VitalStim. Our therapists utilize innovative techniques and remain current on updated therapy trends so you get the best care.

Upon arrival to our skilled unit, a therapist will evaluate your condition which includes a thorough review of your healthcare records.

Next, an individualized treatment plan is developed to meet your specific needs. Once your therapy plan is complete, a therapist will evaluate your condition again to ensure you have achieved your maximum potential.

BLC has multiple clinicians with areas of expertise to evaluate and treat a wide variety of diagnoses.

If you have doctor’s orders for any type of Outpatient service, we can help.

The Seasons@Alexandria is proud to include in our rehab services, a fully furnished occupational therapy apartment. This private area is designed to implement your Short Term stay to prepare you for daily activities upon returning home.

## Management Programs Offered:

- Gait Assessment
- Falls Reduction
- Pain
- Dementia
- Dysphagia
- Continence
- Positioning/Wheelchair
- Activities of Daily Living
- Cardio/Pulmonary
- Quality of Life Assessment & Improvement



Want more information?  
Scan this to go  
to our website!

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